

SOMNEXA[®]

Natural Sleep. Better Recovery.

Advanced Sleep Support Formula



COMPOSITION

Each tablet contains:

- ✓ Melatonin 3 mg
- ✓ L-Tryptophan 50 mg
- ✓ Magnesium (40-1 physiological unit)
- ✓ Vitamin B6 1.5 mg

✓ KEY CLINICAL BENEFITS

- ✓ Helps regulate sleep-wake cycle
- ✓ Reduces sleep onset time
- ✓ Improves sleep quality
- ✓ Helps in stress-related insomnia
- ✓ Supports night recovery & brain relaxation

 Dosage: 1 tablet at bedtime

SOMNEXA[®] Science Restful Sleep

WHY MELATONIN?

Melatonin is the body's natural sleep hormone produced by the pineal gland.

- ✦ It helps:
- ✓ Regulate circadian rhythm
- ✓ Improve sleep initiation
- ✓ Helps in stress-related insomnia
- ✓ Supports night recovery & brain relaxation

Clinical Advantages

- ✓ Non-habit forming
- ✓ No morning drowsiness
- ✓ Safe for short & long-term use
- ✓ Well tolerated

Safety Profile

- ✓ Non-sedative dependency
- ✓ No withdrawal symptoms
- ✓ Safe with most medications

Quick Recall for Doctors:
"Reset the sleep cycle naturally."

 **Winveda Healthcare Pvt. Ltd.**

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- ✓ Helps in stress-related
- ✓ Insomnia

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- ✓ Evidence-based sleep therapy
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